Spring Summer 24 - Week One

## 15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

| WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br> Option 1 <br> (\& Halal <br> Equivalent <br> where Required) | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | All Day Chicken Sausage/ Halal Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes \& Baked Beans or Sweetcorn | Chicken Pie \& Mashed Potatoes or Halal Chicken Pie with Mashed Potatoes | Creamy Chicken Korma Style Chicken/Halal \& Lentil Curry served with Mixed Rice | Friday Fish Fingers served with Chips <br> \& Tomato Ketchup |
| Vegetarian Main <br> Meal Option 2 <br> (To Match Main <br> Option 1) |  |  | Vegemince \& Vegetable Pie (Ve) served with Mashed Potato糼 | $4 \frac{1}{2}$ |  |
| Vegetarian Main Meal Option 1 | Creamy Vegetable Penne Pasta Carbonara | Chinese Style Sweet \& Sour Vegetables \& Noodles (Ve) | $4$ | Cauliflower Cheese \& Pasta Bake | Cheese Flan or Quiche Served with Chips \& Tomato Ketchup |
| KS2 Grab \& Go |  | $8$ |  | $4$ |  |
| Jacket/ Pasta/ Jollof Rice <br> Filled <br> Sandwiches/ <br> Baguettes | Daily Offer | Daily Offer | Daily Offer | Daily Offer including Salmon Mayonnaise for Oily Fish - 10 | Daily Offer |
| Vegetables | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Marble Sponge \& Custard | Chocolate Shortbread Biscuits \& Fruit Slices (Ve) | Iced Banana Traybake | Oat \& Raisin Cookie (Ve) \& Fresh Watermelon Slice | Chocolate Ice Cream |

Available Daily: Pick \& Mix Selection, Salad, Fresh Bread, Fresh Fruit \& Yoghurt
Spring Summer 24 - Week Two

| Portion(s) of <br> fruit or veg |  | $\frac{1}{2}$ |
| :---: | :---: | :---: | :---: |

## Source of wholegrain



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal <br>  <br> Halal Equivalent <br> where Required) | Macaroni Cheese | Summer Hot Dog Baguette or Summer Halal Hot Dog Baguette served with Freshly Made Coleslaw Salad | Roast Chicken or Halal Roast Chicken served with Skin on Roast Potatoes \& Gravy | Beef Bolognese/ Halal Beef Bolognese \& Penne Pasta | Friday Fish Fingers served with Chips <br> \& Tomato Ketchup |
| Vegetarian Main <br> Meal Option 2 <br> (To Match Main Option 1) |  | Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad | Home Baked Vegetarian Lasagne 48 | $480$ |  |
| Vegetarian Main Meal Option 1 | Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice | $47 \frac{1}{2}$ | 4 | Wholemeal Cheese \& Tomato Pizza served with Garlic Bread | Cheese \& Onion Puff Pastry Roll Served with Chips \& Tomato Ketchup |
| KS2 Grab \& Go |  | $4$ |  | $48$ |  |
| Jacket/ Pasta/ Jollof Rice <br> Filled Sandwiches\| Baguettes | Daily Offer | Daily Offer | Daily Offer | Daily Offer | Daily Offer |
| Vegetables | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Ginger \& Mandarin Traybake | Strawberry Jelly (Ve) | Freshly Baked Chocolate Cookie (Ve) | Flapjack Finger With a fresh slice of Watermelon (Ve) | Homemade Shortbread Biscuits (Ve) |

## Available Daily: Pick \& Mix Selection, Salad, Fresh Bread, Fresh Fruit \& Yoghurt

## Spring Summer 24 - Week Three


source of wholegrain


Or dasserto meet?ctic Health England's target for 'free sugar' intake for your child.

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| WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option 1 (\& Halal <br> Equivalent where Required) | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | Farm Assured <br> Chicken Sausage Roll or Homemade Red Tractor Halal Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Chicken/ Halal Chicken Tagine served with Summer Vegetable Rainbow Cous Cous | Korean Style Sticky BBQ Chicken/ Halal Chicken \& Vegetables served with Noodles | Friday Fish Fingers served with Chips <br> \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 (To Match Main Option 1) | N/A |  | $420$ | $40$ | N/A |
| Vegetarian Main Meal Option 1 | Mildly Spiced Vegetable Chilli \& Rice (Ve) | Macaroni Cheese | Savoury Vegetable Mince \& Gravy served with a Yorkshire Pudding \& Skin on Roast Potatoes | Home Baked Vegetarian Lasagne | Homemade Cheese \& Tomato Pizza Whirl \& Chips |
| KS2 Grab \& Go | N/A | $40$ | evo |  | N/A |
| Jacket/ Pasta/ <br> Jollof Rice <br> Filled <br> Sandwiches/ <br> Baguettes | Daily Offer | Daily Offer | Daily Offer | Daily Offer | Daily Offer |
| Vegetables | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Baked Apple Sponge served with Custard | Tutti Frutti Jelly and Mandarins (Ve) | Freshly Baked Vanilla Cookie (Ve) | Zesty Lemon \& Blueberry Yoghurt Cake | Homemade Flapjack (Ve) |

Available Daily: Pick \& Mix Selection, Salad, Fresh Bread, Fresh Fruit \& Yoghurt
 wholegrain
 50 \% Oily
fish 010

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