Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	All Day Chicken Sausage/ Halal Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes or Halal Chicken Pie with Mashed Potatoes	Creamy Chicken Korma Style Chicken /Halal & Lentil Curry served with Mixed Rice	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2 (To Match Main Option 1)			Vegemince & Vegetable Pie (Ve) served with Mashed Potato	\$ \$ \$	
Vegetarian Main Meal Option 1	Creamy Vegetable Penne Pasta Carbonara	Chinese Style Sweet & Sour Vegetables & Noodles (Ve)	\$	Cauliflower Cheese & Pasta Bake	Cheese Flan or Quiche Served with Chips & Tomato Ketchup
KS2 Grab & Go		i	\$	\$	
Jacket/ Pasta/ Jollof Rice Filled Sandwiches/ Baguettes	Daily Offer	Daily Offer	Daily Offer	Daily Offer including Salmon Mayonnaise for Oily Fish	Daily Offer
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices (Ve)	lced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice	Chocolate Ice Cream

Spring Summer 24 – Week Two

Portion(s) of fruit or veg



50% 50%

Oily fish

Contains

plant-based

proteins

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Macaroni Cheese	Summer Hot Dog Baguette or Summer Halal Hot Dog Baguette served with Freshly Made Coleslaw Salad	Roast Chicken or Halal Roast Chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese/ Halal Beef Bolognese & Penne Pasta	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2 (To Match Main Option 1)		Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad	Home Baked Vegetarian Lasagne	\$	
Vegetarian Main Meal Option 1	Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice		\$	Wholemeal Cheese & Tomato Pizza served with Garlic Bread	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
KS2 Grab & Go		5		\$	
Jacket/ Pasta/ Jollof Rice Filled Sandwiches/ Baguettes	Daily Offer	Daily Offer	Daily Offer	Daily Offer	Daily Offer
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve)	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

50%

fruit

Oiiy

fish

Spring Summer 24 – Week Three

29 Ap Portion(s) of

fruit or veg

Source of wholegrain

Dor desserts meet Public Health England's target for 'free sugar' intake for your child.

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WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 (& Halal Equivalent where Required)	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread	Farm Assured Chicken Sausage Roll or Homemade Red Tractor Halal Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges	Gently Spiced Moroccan Chicken/ Halal Chicken Tagine served with Summer Vegetable Rainbow Cous Cous	Korean Style Sticky BBQ Chicken/ Halal Chicken & Vegetables served with Noodles	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2 (To Match Main Option 1)	N/A			\$	N/A
Vegetarian Main Meal Option 1	Mildly Spiced Vegetable Chilli & Rice (Ve)	Macaroni Cheese	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	Home Baked Vegetarian Lasagne	Homemade Cheese & Tomato Pizza Whirl & Chips
KS2 Grab & Go	N/A				N/A
Jacket/ Pasta/ Jollof Rice Filled Sandwiches/ Baguettes	Daily Offer	Daily Offer	Daily Offer	Daily Offer	Daily Offer
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard	Tutti Frutti Jelly and Mandarins (Ve)	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Contains

plant-based

proteins

5



Source of wholegrain

50% Solution Solutitaa Solution Solution Solution Solution Solution Solution Solutit

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